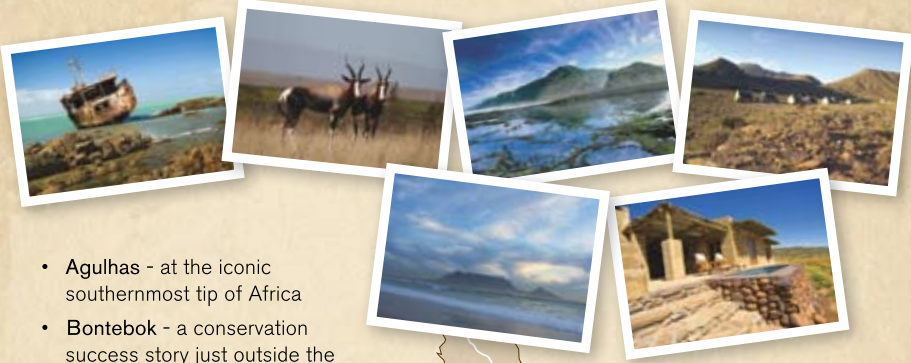


## Visit our other Western Cape South African National Parks



- **Agulhas** - at the iconic southernmost tip of Africa
- **Bontebok** - a conservation success story just outside the town of Swellendam off the N2
- **Garden Route** - comprising Wilderness, Knysna and Tsitsikamma
- **Table Mountain** - one of the New 7 Wonders of Nature
- **Tankwa** - incredible star-kissed skies and wide open spaces
- **Karoo** - offers great game viewing (including lions) just outside Beaufort-West off the N1



## Be a responsible Visitor

- Speed limit 50km/hr
- No pets allowed
- Please dispose of litter in the marked refuse bins
- No fires allowed on beaches
- Please remain in your vehicle, for your own safety
- Please do not pick up tortoises or disturb any wildlife
- Please do not pick any plants or flowers
- Walking and cycling are restricted to the hiking and cycling trails respectively
- Please note that even if you reside in the Park, driving is only allowed during gate opening times
- Please ensure that your vehicle is locked at all times. Do not leave any valuables in your vehicle while unattended.

### Gate Times / Office Hours

September to March: 07:00am - 19:00pm  
Last vehicle entry at 18:30pm

April to August: 07:00am - 18:00pm  
Last vehicle entry at 17:30pm

Postberg opens during August & September (flower season): 09:00am - 17:00pm  
Last entry to Postberg: 16:30pm



### West Coast National Park

Tel: +27(0) 22 772 2144  
Web: www.sanparks.org

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South African  
NATIONAL PARKS

YOUR NATURAL HERITAGE

## WEST COAST NATIONAL PARK Visitor's Map

explore, discover, relax...



FREE ENTRY for a year for WILD Card holders, for more information call 0861 GO WILD (46 9453) or visit: www.wildcard.co.za

## Welcome!

The magical Langebaan Lagoon, rare fynbos, white sandy dunes, internationally acclaimed wetlands and incredible birdlife are only some of the delights West Coast National Park has to offer. With so much to see and do it is hard to decide where to begin, so we have decided to share some of our favourite experiences with you...

- Park your car at the Langebaan gate and walk the short 4.6km trail to the Seeberg Viewpoint, which offers the best vistas of the Park.
- Visit one of the bird-hides and spend some time enjoying the quiet, as you look out at our feathered residents in their natural habitat.
- Make a stop at the Geelbek Visitor's Centre and have a look at the replica of Eve's Footprints - fossilized footprints once belonging to a young woman who lived in the Park some 117 000 years ago.
- Have a meal at Geelbek Restaurant, which specializes in traditional foods.



They're open from 9am to 5pm. While everything they do is delectable, their milk tart is our favourite!

- Unwind on the shore of the Langebaan Lagoon at Kraalbaai - great spot for picnics.
- Explore the many rock pools along the seashore at Tsaarsbank.

We'd love you to share your favourite experiences with us on our Facebook page: SANParks - West Coast National Park or on Twitter: @WestCoastNP

## Some interesting facts

- In 1648 the first Khoi dictionary was documented (400 words) by De Flacourt (Director General of the French East India Company) at Kraalbaai.
- In 1785 the VOC placed a beacon at Geelbek, which served to demarcate their most northerly boundary.
- In 1909 Norwegian whalers started a whaling station at Donkergat which remained operational until 1930.
- In 1920 Geelbek had the largest wine cellar in the country. This was not due to

wine production, but because the Governor General (Henry de Villiers Steytler) used Geelbek to store his vast quantities of wine.

- Langebaan Lagoon was classified as a wetland of international importance according to the Ramsar Convention criteria in 1975.
- The bird species Curlow Sandpiper, Sanderling and Knot, journey 15 000km every year from Russia to their breeding grounds in the West Coast National Park.
- Langebaan hosts a total of over two hundred and fifty bird species - over a quarter of South Africa's total.
- The Park was established in 1985 and comprises some 32 000ha.

## Animals and Birds commonly seen in the Park

Tick off the ones you have spotted!



African Oystercatcher



Bat-Eared Fox



Bontebok



Cape Cobra



Caracal



Duiker



Dung-Beetle



Eland



Flamingo



Gemsbok



Grey Mongoose



Kudu



Molesnake



Ostrich



Pelican



Puffadder



Red Hartebeest



Steenbok



Tortoise



Zebra





SALDANHA BAY



## Accommodation

**Duinepos Chalets**   
 11 Fully-equipped self-catering chalets, each sleeping 4 - 6 people. 2 Chalets with wheelchair access. Swimming pool and kids play area.  
 +27 (0) 22 707 9900  
 E-mail: info@duinepos.co.za  
 www.duinepos.co.za



**Abrahamskraal Cottage**   
 This fully-equipped self catering cottage is situated near to the Abrahamskraal waterhole and has a large fireplace in the living area  
 SANParks Central Reservations:  
 + 27 (0) 12 428 9111  
 WCNP: + 27 (0) 22 772 2144



**Joanne's Beach Cottage**   
 Fully equipped self-catering cottage near Churchhaven, within walking distance of the lagoon.  
 SANParks Central Reservations:  
 + 27 (0) 12 428 9111  
 WCNP: + 27 (0) 22 772 2144

**Houseboats in Kraalbaai**  
**Larus Houseboat**   
 3 Cabins. Well equipped open plan kitchen and dining area with braai facility.  
 SANParks Central Reservations:  
 + 27 (0) 12 428 9111  
 WCNP: + 27 (0) 22 772 2144

**Nirvana Houseboat**   
 Upper and lower deck. Perfectly suited to corporate groups, family holidays and functions.  
 +27 21 689 9718 (9am - 2pm)  
 langebaanhouseboats@mweb.co.za  
 www.houseboating.co.za



## Bird Hides

The Parks' bird hides give you the opportunity of viewing some of the many bird species found here, such as Curlew Sandpiper, Grey Plover and Sanderling.



## Recreational Zones A, B & C

The Lagoon has been divided into 3 Recreational Zones

**Zone A:** Multi-functional section for most water sports e.g.: Kitesurfing, waterskiing, snorkeling, diving, kayaking, swimming, fishing, angling, boating

**Zone B:** Reserved for sail boats and board sailing (no power boats or angling)

**Zone C:** Sanctuary area. Access prohibited

## Did you know?

This viewpoint offers the best vistas of the Park

## Mooimaak

Only accessible via the mountain bike trail

## MTB Trails

Follow the route markers

## Did you know?

On a clear day you can see Table Mountain National Park from here

## Did you know?

The name Geelbek comes from the Yellowbill Duck and not from the Geelbek (Cape Salmon) fish

## Hiking Trails

Maps available at the Geelbek Visitors Centre

## Postberg Section

Only open to the public during August and September each year in the spring flower season and a great place for spotting game.



## Tsaarsbank

Have a picnic or braai by the sea. Wonderful whale-watching spot between August and October.



## Kraalbaai

Unwind on the shore of the lagoon at Kraalbaai. Great for picnics. Braai facilities available at Preekstoel.



## Geelbek Visitors Centre

Stop here to learn more about the Park's hiking trails; fauna and flora; accommodation and wealth of cultural history, including Eve's Footprints.



## Eve's Footprints

Discovered in 1995 at Kraalbaai, these are unmistakable human footfalls in rock (formerly sea sand) and are said to have belonged to a young woman who lived 117 000 years ago. The original footprints are housed at the Iziko Museums' South African Museum in Cape Town, but be sure to visit the replica inside the Visitors Centre.



## Geelbek Restaurant

Housed in a beautifully restored Cape Dutch homestead, Geelbek Restaurant serves a range of traditional dishes which portray a rich local history enriched by Portuguese, Dutch, Norwegian, Italian and Malay influences. Their pumpkin pie is a must!



Open from 9am - 5pm 7 days a week. Tel: +27 (0) 22 772 2134  
 E-mail: geelbekrestaurant@telkomsa.net | www.geelbek.co.za

## Hiking and Mountain Bike Trails

### 1 Strandveld Trail Two Day Hike

**Day 1** takes you through about 14km of Strandveld.

**Day 2** is 14km long. The trail will take you through Strandveld to Sixteen Mile Beach, and back to Geelbek.

### 2 The Bakoor Trail

The Bakoor Trail is a short walk from Langebaan Gate to Seeberg view point, which is 4.6km long.

### 3 Steenbok One Day Trail

Only during August and September. Distance: 13.9km (5 Hours excluding breaks). The trail can take up to 20 people.

### 4 Postberg Two Day Hiking Trail

Only during August and September. This is a two day hike. Overnight at Plankiesbaai. Day 1: 15.5km(6 hrs). Day 2: 11.8km(3.5 hrs). This Trail can take up to a maximum number of 12 people.

### 5 Eve's Trail

A 2.5 day 30km trail - guided, catered and portered. www.capebiosphere.co.za

### 6 Cycling Route Information

There are four routes available:  
 • 30km trail to Geelbek on tarred road (start at Langebaan gate).  
 • 70km return trip from Langebaan Gate to Kraalbaai.  
 • 13km circular MTB trail around the Seeberg view point.  
 • 30km circular MTB trail around Seeberg view point & Mooimaak.



Information



Accommodation



Speed Limit



Tarred Roads



Main Gate



Picnic Site



Restaurant



Toilets



Whale Watching



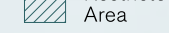
Hiking



Mountain Biking



Wheelchair Access



Restricted Area



Dirt Roads



Hiking Trails



Mountain Bike Trails

## Driving Distances

Distance from Cape Town to the West Coast National Park is ± 120km

### From West Coast Gate to

T junction	6.3km
Abrahamskraal	7km
Duinepos	9km
Geelbek	10km
Joanne's Cottage	18km
Kraalbaai	21.3km
Tsaarsbank	24km
Langebaan Gate	25km

### From Langebaan Gate to

Geelbek	15km
Duinepos	16km
Abrahamskraal	18.6km
Joanne's Cottage	31.1km
Kraalbaai	31.6km
Tsaarsbank	34.3km

**CAUTION**  
 TORTOISES HAVE  
 RIGHT OF WAY



1 0 1 2km